



# COMPLIANCE WEEKLY UPDATE

## MEDICAL CLEARANCE + ATHLETIC PARTICIPATION

**NCAA RULE:** ALL student-athletes must be medically cleared (per the certification of Dartmouth's Athletic Training staff) PRIOR TO their participation in any athletic activities (e.g., practice, competition, out-of-season strength & conditioning workouts, etc.).

**INSTITUTIONAL LIABILITY:** This is not only an NCAA rule to follow, but an institutional liability issue. Allowing an individual who is NOT medically cleared to participate in any athletic activity puts the college, the coach, the team and most importantly, that individual at risk!

- Also keep in mind that **Cardiac Screening** is a \*new requirement for ALL student-athletes this year. Although required, a student-athlete who has not yet been screened will not be held from athletic activities, provided they are already medically cleared.

**PROPER PROCESS:** Each coaching staff will receive an updated "Compliance Eligibility Roster" in real-time as updates are made. These reports designate who and who is not cleared for practice and/or competition at any given point in time. If someone is not cleared, the comment box will mention the reason. If it's for medical clearance reasons, then that individual is under no circumstance allowed to participate until they gain the proper clearance. \*Be sure to check with either myself or your athletic trainer for definitive updates, the student-athlete may be unsure as to their *actual* status.

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As always, please seek the help and guidance of compliance (and your ATs)!