

National Survey of Healthcare Organizations & Systems

Improving Care For All

Practice Level Questionnaire

Thank you for participating in the National Survey of Healthcare Organizations and Systems (NSHOS). The results of this survey will help advance our understanding of how changes in healthcare delivery are influencing the quality and costs of care.

Survey Information

IMPORTANT

- When completing this survey, we will use the term <u>practice</u> to describe the place where your patients come to see you and the physicians with whom you work closely.
- If you are part of a larger healthcare system, <u>do not</u> answer on behalf of the system, but rather on behalf of your practice.
- If you are located in a clinic building with several other medical practices, please answer only on behalf of the <u>primary care practice</u> where you work.
- The survey should take about 40 minutes of your time.
- Your responses will be kept confidential.
- Please reach out to colleagues if you need support to answer specific questions.
- If you have any questions: Call 484-840-4375 or email NSHOS@dartmouth.edu

Ba	ground Information
1.	nat is the name of your practice?
2.	nat is your title at the practice?
3.	Independently owned A larger physician group A hospital A healthcare system (may include a hospital)
	Other
4.	your practice part of one or more Independent Practice Associations (IPAs)? Yes No
5.	your practice: A Federally Qualified Health Center (FQHC)
	A FQHC "look-alike" (do not select unless you have this designation)
	Not designated as either Don't know
[CO	ACT#]

The	Culture of Your Practice				
6.	How often do these things happen within your pra	actice? Never	Sometimes	Often	Always
	Successful care delivery innovations are highly publicized within the practice				
	Team members openly share patient care challenges and failures with each other				
	There is protected time given to generate new ideas and innovations				
	We encourage trying new ideas to see if they work				
	There is a strong sense of belonging to this practice				
	We consider ourselves to be the testing ground for new approaches to engage patients in their care				
	Team members feel safe raising concerns regarding patient care				
	Our physicians deliver clinical care for patients using the same protocols and pathways				
	Non-clinical decisions about the practice are made by our physicians acting as a single integrated group				
7.	Which statement best describes your practice? Distribute 100 points between the 4 statements, givi			nat best describe.	s your practice.
	Our practice is a very personal place. It is a lot like share a lot of themselves.	an extended fami	ly. People seem to		
	is a very dynamic and entrepreneurial place. Peo see if they work.	ple are willing to	try new things to		
	is a very formalized and structured place. Bureau what people do.	cratic procedures	generally govern		
	is very production oriented. The major concern is	s aettina the iob (done.		

Sum to 100 points

Pat	ient Care					
8.	Do you agree or disagree that:	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
	The practice does a good job of assessing patient needs and expectations					
	Staff promptly resolve patient complaints					
	Patients' complaints are studied to identify patterns and prevent the same problems from recurring					
	The practice uses data from patients to improve care					
	The practice uses patient expectations/experiences data when developing new services					
	 How many physicians in your practice use the 'advanced access' or 'open access' schedule method on a regular basis to offer same-day appointments? Not familiar with 'advanced access' or 'open access' scheduling None Some Most All 0. Is your practice regularly open for patient appointments <u>outside usual business hours</u> : Yes No					
	Weekdays before 8am or after 5pm On weekends					
Pay	rment and Delivery Reform Initiatives Has your practice ever participated in any o	of these paym		Yes, previous	y but	None
	Bundled or episode-based payments		Yes, currently	not now		No, never
	Primary care improvement and support pro such as Comprehensive Primary Care Initiative CPC+ or Patient Centered Medical Homes					

11. (continued) Has your practice ever participated in any of these payment and delivery reform initiatives? Yes, previously but Yes, currently not now No, never Pay for performance programs Capitated contracts with commercial health plans П П П Medicare ACO upside-only risk bearing contracts П П \Box (MSSP tracks one and two) Medicare ACO risk bearing contracts (Pioneer, Next Gen. MSSP Track three) Medicaid ACO contracts Commercial ACO contracts 12. By the end of five years, what proportion of your practice's patients do you anticipate will be covered by contracts with total cost of care accountability (e.g. ACO, ACO-like or capitated contracts)? □ None ☐ Some ☐ Most Screening and Referral Activity 13. Does your practice have a system in place to routinely screen patients for: Yes No Tobacco use Opioid use specifically Substance use disorders (other than tobacco and opioid) Polypharmacy Depression П \Box Low health literacy П Food insecurity Housing instability **Utility** needs \Box Interpersonal violence

 \Box

П

Transportation needs

Medicaid eligibility

Need for financial assistance with medical bills

14.	How many of the patients in your practice who are identified as usi	ng tobacco	are:		
		None	Some	Most	All
	Offered tobacco cessation treatment (e.g. prescription for nicotine patch, counseling, education, helplines)				
	Referred to a formal tobacco cessation program				
15.	How difficult is it for your practice to obtain treatment for patients	with opioid	use disorder	s?	
	□ Very difficult				
	☐ Somewhat difficult				
	☐ Not at all difficult				
16.	Do any of the clinicians at your practice provide drug treatment (e.	g. buprenor	phine) for op	ioid use diso	rders?
	□ Yes				
	□ No				
Bel	navioral Healthcare				
<u>Be</u>	navioral health includes depression, anxiety, other mental illness or	substance	use disorders	•	
17.	At your practice, are any patients with depression or anxiety cared	for using th	e following st	rategies?	
				Yes	No
	A care manager to primarily address mental health treatment coordi	nation			
	A care manager to address non-medical (e.g. job support, housing)				
	A mental health clinician (not co-located) consulting primary care cl	linicians			
	Patient registries to track mental health symptoms				
	Telemedicine to treat a patient by phone or video				
	Peer support specialist				
18.	How long has your practice had on-site behavioral clinicians?				

IF YU	IF YOUR PRACTICE DOES NOT SEE CHILDREN, PLEASE SKIP TO QUESTION 20.						
19. 1	For children with behavioral disorders, how difficult i	is it to obtain	:				
		Very difficult	Somewhat difficult	Slightly difficult	Not at all difficult		
	Family-based treatment						
	Evidence-based psychotherapy						
	Medication advice from a child psychiatrist or psychiatric nurse practitioner						
	20. Has your practice been given guidance or training to use new Medicare billing codes for behavioral health integration through collaborative care models or other models of behavioral health integration?						
	□ Yes						
I	\square No \rightarrow SKIP TO QUESTION 22						
21.	1. IF YES: Has your practice modified service delivery in response to these new billing codes?						
1	□ Yes						
I	□ No						
	□ Not applicable						
Care	of Complex, High Need Patients						
By complex, high need patients we mean those experiencing one or more of the below who require multi-faceted care and may be at high risk for hospitalization or emergency department use: • multiple chronic conditions • multiple functional limitations, including frailty • severe, persistent behavioral health challenges							
22. I	Does your practice have a system in place to identify	complex, hig	h-need patients?				
1	□ Yes						
	□ No						
23. I	For your complex, high need patients, how often:	Nev	rer Sometir	nes Often	Always		
	Is a care manager involved in helping the patient coordinate care across clinicians						
_	Is a care manager involved in helping the patient adhe to the care plan	ere					

	Never	Sometimes	Often	Always
Is a non-clinician (e.g. health coach) involved in supporting health risk modification				
ls a non-clinician (e.g. health coach) involved in supporting medication adherence				
Are patients stratified into different subgroups for targeted interventions				
Are home visits carried out by practice staff or a clinician				
4. When your complex, high need patients are hospitalized, w their discharge?	hich of the fo	·	nely in place t Yes	to facilitate No
Referral to community health-related social services			□ □	
Communication with patient within 72 hours of discharge				
Home visit after discharge				
Discharge summaries sent to primary care clinician within 7	hours of disc	:harge		
Standardized process to reconcile multiple medications		,		П
5. Does your practice use any of the information below for into complex, high need patients?	ernal use/qua	ality improvemer Yes		eting Io
·	ernal use/qua		N	•
complex, high need patients?	ernal use/qua	Yes	N	lo
complex, high need patients? Hospital admissions or readmissions	ernal use/qua	Yes	N	lo
complex, high need patients? Hospital admissions or readmissions Emergency department use	ernal use/qua	Yes	N	lo
Hospital admissions or readmissions Emergency department use Medication adherence	ernal use/qua	Yes	N C C IF NO TO A	lo
Complex, high need patients? Hospital admissions or readmissions Emergency department use Medication adherence		Yes	IF NO TO A	No No No No No No No No No No
Hospital admissions or readmissions Emergency department use Medication adherence Post-acute care use (e.g. Skilled Nursing Facility)		Yes	N C C IF NO TO A	No
Hospital admissions or readmissions Emergency department use Medication adherence Post-acute care use (e.g. Skilled Nursing Facility) 6. Has your practice used the information collected in question		Yes	IF NO TO A QUEST	No No

PA

Modifications to the discharge planning process

Patient-Reported Measures, Motivational Interviewing and Shared Decision Making Patient activation refers to the degree to which a patient has the knowledge, skills, confidence and motivation needed to participate in decisions and to manage their own health and healthcare. 27. Does your practice collect patient-reported measures of: Yes No Patient activation (e.g. self-efficacy for chronic disease management) П Depression 28. Does your practice collect <u>patient-reported</u> measures of <u>physical function or disability</u> for: No Older adult patients Diabetic patients \Box П Musculoskeletal hip, knee or back patients П Heart failure patients 29. Does your practice collect <u>patient-reported</u> measures of <u>pain</u> for: Yes No Older adult patients Diabetic patients Musculoskeletal hip, knee or back patients П Heart failure patients Motivational interviewing is a counseling method to help patients explore their motivation to undertake behavior change, examine and resolve their ambivalence to change, and identify barriers and facilitators of change, to then improve their knowledge and self-efficacy in health behavior change and chronic disease management. 30. Does your practice have clinicians or staff who are formally trained in motivational interviewing? ☐ Yes, clinicians only (e.g. doctors, nurses) ☐ Yes, staff only (e.g. health coaches) ☐ Yes. both clinicians and staff □ No 31. Do physicians and/or staff in your practice routinely use motivational interviewing to aid with behavior change for: No Smoking cessation

Weight loss/diet

Increase in physical activity

Medication adherence

П

Shared decision-making involves informing patients of the supporting them to compare those options and then make values.	•		-	
<u>Decision aids</u> provide objective information on benefits are preferences and make decisions that are consistent with the		nts clarify the	ir goals, value	es and
32. Considering the physicians and staff in your practice,	how many:			
	None	Some	Most	All
Are formally trained in shared decision-making				
Routinely engage in shared decision-making				
Routinely use decision aids				
Follow-up on patients' treatment decisions after initial discussion of treatment tradeoffs				
33. How many eligible patients receive decision aids before	•			
Calcaking madicaking for dishaka	None	Some	Most	All
Selecting medication for diabetes	Ш			
Osteoarthritis (hip or knee replacement) treatment				
Breast cancer screening	Ц	Ш	Ш	Ш
Prostate cancer screening				
Colorectal cancer screening				
Lung cancer screening				
<u>Shared medical appointments or group visits</u> involve mu and receive care for a defined health condition.	ltiple patients meetin	g together wit	h a clinician t	o discuss
34. Does your practice use shared medical appointments conditions or patient populations?Yes	as a routine part of cli	nical care for	any specific h	ealth
\square No \rightarrow SKIP TO QUESTION 36				
35. IF YES: Are any of these clinical areas the focus of share	red medical appointme		Vos	No
Cardiovascular disease			Yes □	No □
COPD/asthma				
Diabetes				
Advanced directives				

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	Never	Sometimes	0ften	Alway
Notification that a patient was admitted to a local hospital				
Notification that a patient visited an emergency department at a local hospital				
Discharge summaries from local hospitals				
Labs/test results				
Behavioral health notes				
Recommendations and results from specialist consultations				
Information from groups that are not using your Electronic Health Record (EHR)				
Information from local, public social service agencies (e.g. county or city shelters, social workers, food programs)				
oes your practice's EHR connect directly to the EHR at th	e main hospi	tal that your patie	nts use?	
□ Yes, single EHR				
Yes, different EHR, but one that is fully interoperable				
Yes, different EHR, but partially interoperable				
□ No, not connected				

	Yes	No
Patients to have electronic access to their medical records		
Patients to electronically comment on and/or input information to their medical records (such as Open Notes)		
Physicians and patients to communicate with one another via email		
Physicians to know whether their patients have filled their prescriptions		
Advanced analytic systems such as predicting future utilization, data mining, etc.		

Adoption of Innovations

39. To what extent are the following factors a barrier to your practice's use of new evidence-based clinical treatments (e.g. new drugs, new technology)?

	Major barrier	Minor barrier	Not a barrier
Lack of a process for identifying beneficial innovations			
Lack of a process for disseminating information about innovations			
Not enough time to implement			
Insufficient financial resources to implement			
Lack the necessary knowledge/expertise to implement			
Lack of incentives to implement			

40. To what extent are the following factors a barrier to your practice's use of evidence-based care delivery innovations (e.g. care transition programs, use of community health workers)?

	Major barrier	Minor barrier	Not a barrier
Lack of a process for identifying beneficial innovations			
Lack of a process for disseminating information about innovations			
Not enough time to implement			
Insufficient financial resources to implement			
Lack the necessary knowledge/expertise to implement			
Lack of incentives to implement			

Palliative Care and Pain Management

41. Do patients in your practice have access to:

	Yes	No
A hospital-based palliative care program		
A community-based palliative care program		
A practice or service dedicated to managing pain		

42. For how many patients does your practice provide the following:				
	None	Some	Most	All
Encouragement to complete an Advanced Directive (all patients)				
Counseling on end of life care (patients with a life-limiting illness)				
Referral to hospital-based palliative care (eligible patients)				
Referral to community-based palliative care (eligible patients)				
Evidence Acquisition, Performance and Reporting				
Lytuence Acquisition, renormance and Reporting				
43. Other than Pharmacy and Therapeutic Committees or a formulary, committee, a task force, a designated person or department) in place change the way your practice cares for patients?			•	
□ Yes				
□ No				
44. Does your practice use any of the following approaches on a routing practices?	e basis to di		st patient ca 'es	are No
Regular staff meetings		[
Regular listserv email/newsletter		[
Departmental representatives or champions		[
An electronic database of practice or system endorsed guidelines		[
Decision support tools embedded in the Electronic Health Record (EH	R)	[
Performance improvement events (e.g. LEAN Kaizen training)		[
45. Does your practice use <u>evidence-based guidelines</u> that have been protocols for treatment of:	written dow	n and approv	ed as the pro	eferred
		Y	'es	No
Diabetes				
Congestive heart failure		[
Asthma/COPD				
Coronary artery disease		[
Hypertension				
Depression				
Serious mental illness				
Preventive services (immunizations, screening tests)		[Ш

improve adherence to evidence-based care for:	Yes	No
Diabetes		
Congestive heart failure		
Asthma/COPD		
Coronary artery disease		
Hypertension		
Depression		
Serious mental illness		
Preventive services (immunizations, screening tests)		
7. Does your practice maintain a <u>list or registry</u> to help manage the care of patie	ents with: Yes	No
Diabetes		
Congestive heart failure		
Asthma/COPD		
Coronary artery disease		
Hypertension		
Depression		
Serious mental illness		
Preventive services (immunizations, screening tests)		
B. Does your practice measure the quality of <u>individual clinician performance</u> fo	or:	
	Yes	No
Diabetes		
Congestive heart failure		
Asthma/COPD		
Coronary artery disease		
Hypertension		
Depression		
Serious mental illness	П	

49 How does your practice use information about individual clinician performance for: Use for Use for internal Use for (For each row, check all that apply.) physician quality feedback improvement compensation Preventive services (e.g. immunizations, screening) П Patient experiences (e.g. patient satisfaction or CAHPS scores) Overuse of medical tests or procedures (e.g. high cost imaging) П П П Underuse of medical test or procedures (e.g. HEDIS) Use of acute care services (e.g. readmissions, emergency room use) П П П Clinical quality (e.g. blood pressure control, diabetes control, complication rates) Total inpatient cost of care П П П 50. Are reports shared within your practice in a way that means individual clinicians can compare their performance to each other? □ Yes □ No ☐ Not collected 51. Do outside entities, such as health plans, state, federal or regional organizations, provide you with data about the quality of care delivered by your practice or its physicians? ☐ Yes □ No ☐ Don't know 52. Does your practice currently use any culturally tailored programs or interventions? For example, a practice might provide culturally tailored programming to address preventive services in the Hispanic community with bilingual community health workers. ☐ Yes

□ No

Prescribing	
53. About how often do pharm	maceutical drug representatives visit your practice?
☐ Once a week	
☐ Once a month	
☐ Every few months or lo	ess
\square Never, but allowed	
☐ Never, not allowed	
54. Does your practice have a	free sample closet?
□ Yes	
□ No	
Organizational Attributes	
Organizacional Accirbutes	
55. What is your best estimat your practice alone, not a	te of the total number of full and part time providers in your practice? Please answer for
	for each line. The top lines [I and 2] should be the sum of the lines below them.)
I.	_ Employed providers
a	
b	
С	
d	_ Physician assistants
2	_ Affiliated/contracted providers
a	_ Primary care physicians
b	_ Specialist physicians
C	_ Nurse practitioners
d	_ Physician assistants
56 How many of your practic	e's physicians are non-white?
□ None	e 3 physicians are non-winte.
□ None	
☐ Most	
[CONTACT#]	

57.	Who	owns the equipment at your practice?
		Physicians in the practice (include yourself if you own the practice)
		A larger medical group (specify)
		A hospital system, or healthcare system that is not an academic medical center
		An academic medical center
		An HMO (Health Maintenance Organization) or other insurance entity
		Jointly owned (specify)
		Non-physician managers
		Someone else (specify)
Fin	anci	al Planning and Leadership
IF Y	OUR	PRACTICE IS NOT PART OF A LARGER ORGANIZATION, SKIP TO QUESTION 59.
58.		at level of financial planning and revenue sharing best describes the relationship between your practice and the er system? (Select one.)
		Each practice is responsible for balancing its own revenue and expenses. Each practice retains its own profit (loss). Budgets are developed and approved at the practice level.
		Revenue is generated by physician practices and pooled system-wide. Profit (loss) is shared between the physician practices and the system as a whole. The larger system organization provides budgetary guidelines, but budgets are largely developed and approved at the practice level.
		Revenue is pooled system-wide. Profit (loss) is shared system-wide. All budgets are developed and approved at the overall system level.
59.		w much influence would you say that physicians in your practice have on the setting of practice priorities and tegies?
		None
		Very little
		Some
		A lot
Con	npet	ition
- 10		
60.	. How	rintense is the competition for patients in the outpatient setting in your market?
		Not at all
		Somewhat
		Very

Revenue Sources

If you are part of a larger system, the questions below may be more difficult for you to answer. If there is someone you can consult to answer these questions, please do so.

	-	• •
61.	Please give your best esti	mate about what percentage of your practice's annual patient care revenues come from:
	%	Commercial health insurance
	%	Medicare
	%	Medicaid
	%	Self-pay
	%	Other (Tricare, VA, worker's compensation, etc.)
	Sum to 100%	
	□ Don't know	
62.	Please give your best esti of care:	mate about what percentage of your practice's revenues have incentives to reduce the cost
	%	
	☐ Don't know	
Pay	ment Models	
63.	The state of the s	imate the proportion of physician compensation in your practice that comes from each of folumn should add to 100%.)
	a. Primary care physicia	ns
	%	Guaranteed base salary or hourly compensation (not directly tied to patient visits or charges)
	%	Productivity (measured by patient visits, RVUs, etc.)
	%	Patient panel size
	%	Performance bonuses for clinical quality
	%	Performance bonuses for reducing costs or utilization
	%	Patient satisfaction or experiences
	%	Other (e.g. EHR uptake, generic prescribing, reducing inpatient days)
	Sum to 100%	

☐ Don't know

IF YOU DO NOT HAVE SPECIALIST PHYSICIANS, SKIP TO QUESTION 64.	
47.4 cm () No. 1	

63 (continued). Please do your best to estimate the proportion of physician compensation in your practice that comes from each of the following sources. (Column should add to 100%.)

	b.	Specialist physic	ians	
			%	Guaranteed base salary or hourly compensation (not directly tied to patient visits or charges)
			%	Productivity (measured by patient visits, RVUs, etc.)
			%	Patient panel size
			%	Performance bonuses for clinical quality
			%	Performance bonuses for reducing costs or utilization
			%	Patient satisfaction or experiences
			— %	Other (e.g. EHR uptake, generic prescribing, reducing inpatient days)
		Sum to 100%	<u> </u>	
] Don't know		
64.		he past year did y angements?	your pi	ractice incur any losses, penalties or cost overruns from risk bearing or shared savings
		Yes		
		No		
		Don't know		

Continued on the back page. \rightarrow

		-	•	rformance?
		Yes	No	Don't kno
Yes, bonuses paid fron	n Medicare and Medicaid programs			
Yes, for meeting HEDIS	S measures or other measures of clinical quality			
Yes, for meeting patie	nt satisfaction/experiences measures			
Yes, other (please spec	cify:			
)			
	% Patient satisfaction or experiences			
	0/ Dakiant arkiefastion as associance			
	9/ Clinical anality managemen			
	% Clinical quality measures			
	 Clinical quality measures Use of information technology (excluding "meg") Medicaid) 	aningful use"	bonuses from	Medicare and
	Use of information technology (excluding "me	aningful use"	bonuses from	Medicare and
	Use of information technology (excluding "me % Medicaid)	aningful use"	bonuses from	Medicare and
	Use of information technology (excluding "me % Medicaid) % HEDIS measures	aningful use"	bonuses from	Medicare and
	Use of information technology (excluding "me % Medicaid) % HEDIS measures	aningful use"	bonuses from	Medicare and
	Use of information technology (excluding "me % Medicaid) % HEDIS measures	aningful use"	bonuses from	Medicare and
☐ Don't know	Use of information technology (excluding "me % Medicaid) % HEDIS measures	·		Medicare and

To ensure that your survey reaches us, please return it in the enclosed postage-paid envelope to: $SSRS-NSHOS \\ PO~Box~90730 \\ Allentown~PA~18109-9945$