

# Athlete Record

## Bigelow, Magnus

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	5	00:09:49	01:24	16.63%		
8/21/2015	7	00:10:03	01:38	19.41%		
6/26/2015	4	00:10:22	01:57	23.17%		
9/26/2014	6	00:09:59	01:34	18.61%		
11/15/2013	11	00:10:39	02:14	26.53%		
9/20/2013	13	00:11:20	02:55	34.65%		
DP Test (Goodrich)						
11/17/2015	10	00:04:57	01:09	30.26%		
9/22/2015	9	00:04:29	00:41	17.98%		
8/25/2015	7	00:04:26	00:38	16.67%		
6/29/2015	4	00:04:51	01:03	27.63%		
11/20/2014	6	00:04:32	00:44	19.30%		
Uphill Test						
11/17/2015	13	00:04:06	00:53	27.79%		
9/22/2015	10	00:04:09	00:56	29.35%		
8/25/2015	8	00:04:13	01:00	31.43%		
6/29/2015	7	00:04:33	01:20	41.82%		
9/16/2014	12	00:04:11	00:58	30.39%		
Moosilauke						
10/25/2015	13	00:48:29	12:12	33.67%		
8/7/2015	7	00:47:12	10:55	30.09%		
10/24/2014	7	00:46:20	10:03	27.72%		
CL Roll (Dogford)						
10/2/2015	9	00:28:19	03:29	14.03%		
7/20/2015	5	00:27:59	03:09	12.69%		
10/3/2014	7	00:27:42	02:52	11.55%		
DP Roll (Dogford)						
10/30/2015	10	00:30:27	03:01	11.00%		
8/14/2015	3	00:27:57	00:31	1.88%		

# Athlete Record

## FR Roll (Academy)

11/6/2015	11	00:25:18	02:49	12.53%
7/31/2015	5	00:25:03	02:34	11.42%
10/31/2014	7	00:27:45	05:16	23.42%

## Storrs

7/10/2015	7	00:21:51	03:31	19.18%
10/3/2014	7	00:21:30	03:10	17.27%

## Velvet Rocks

9/25/2015	13	00:08:17	01:32	22.85%
9/19/2014	11	00:08:24	01:39	24.48%

## DP Test (3)

9/24/2013	196	00:02:52	00:43	33.75%
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## FR Roll (Dogford)

10/25/2013	12	00:32:25	09:53	43.96%
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# Athlete Record

## Brown, Luke

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	3	00:09:33	01:08	13.47%		
DP Test (Goodrich)						
11/17/2015	2	00:04:16	00:28	12.28%		
9/22/2015	1	00:04:09	00:21	9.21%		
9/16/2014	7	00:04:35	00:47	20.61%		
Uphill Test						
11/17/2015	7	00:03:41	00:28	14.81%		
9/22/2015	1	00:03:25	00:12	6.49%		
9/16/2014	3	00:03:35	00:22	11.69%		
CL Roll (Dogford)						
10/2/2015	8	00:28:18	03:28	13.97%		
10/3/2014	8	00:28:09	03:19	13.36%		
DP Roll (Dogford)						
10/30/2015	3	00:28:12	00:46	2.79%		
FR Roll (Academy)						
11/6/2015	9	00:24:37	02:08	9.49%		
Storrs						
10/3/2014	5	00:19:58	01:38	8.91%		
Velvet Rocks						
9/25/2015	3	00:07:05	00:20	5.04%		
9/19/2014	1	00:06:57	00:12	2.99%		

# Athlete Record

## Deline, Callan

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
11/14/2014	2	00:09:35	01:10	13.86%		
9/26/2014	2	00:09:27	01:02	12.28%		
DP Test (Goodrich)						
11/17/2015	9	00:04:44	00:56	24.56%		
11/20/2014	9	00:04:37	00:49	21.49%		
9/16/2014	2	00:04:11	00:23	10.09%		
Uphill Test						
11/18/2014	5	00:03:54	00:41	21.56%		
9/16/2014	2	00:03:31	00:18	9.61%		
Moosilauke						
10/25/2015	6	00:41:10	04:53	13.47%		
CL Roll (Dogford)						
10/2/2015	10	00:28:58	04:08	16.65%		
DP Roll (Dogford)						
10/30/2015	7	00:29:24	01:58	7.17%		
Storrs						
10/9/2015	3	00:19:15	00:55	5.00%		
10/3/2014	3	00:19:56	01:36	8.73%		
Velvet Rocks						
9/25/2015	11	00:08:04	01:20	19.76%		
9/19/2014	4	00:07:05	00:20	4.96%		

# Athlete Record

## Elder, Jack

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	9	00:10:14	01:49	21.58%		
8/21/2015	9	00:10:39	02:14	26.53%		
DP Test (Goodrich)						
9/22/2015	12	00:05:01	01:13	32.02%		
11/20/2014	10	00:04:46	00:58	25.44%		
Uphill Test						
11/17/2015	6	00:03:41	00:28	14.81%		
9/22/2015	8	00:03:59	00:46	24.16%		
11/18/2014	7	00:03:59	00:46	24.16%		
Moosilauke						
10/25/2015	12	00:45:16	08:59	24.76%		
CL Roll (Dogford)						
10/2/2015	15	00:30:59	06:09	24.77%		
10/3/2014	9	00:28:12	03:22	13.56%		
DP Roll (Dogford)						
10/30/2015	12	00:31:27	04:01	14.64%		
FR Roll (Academy)						
11/6/2015	14	00:30:45	08:16	36.77%		
Storrs						
11/7/2014	7	00:22:05	03:45	20.45%		
10/3/2014	6	00:21:23	03:03	16.64%		
Velvet Rocks						
9/25/2015	7	00:07:38	00:53	13.11%		
9/19/2014	6	00:07:54	01:09	17.07%		

# Athlete Record

## Friedman, Oscar

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	4	00:09:36	01:11	14.06%		
8/21/2015	5	00:09:41	01:16	15.05%		
6/26/2015	3	00:10:02	01:37	19.21%		
11/14/2014	3	00:09:36	01:11	14.06%		
9/26/2014	4	00:09:42	01:17	15.25%		
8/14/2014	3	00:09:31	01:06	13.07%		
6/20/2014	2	00:10:01	01:36	19.01%		
11/15/2013	4	00:09:31	01:06	13.07%		
9/20/2013	6	00:09:48	01:23	16.44%		
8/16/2013	4	00:10:20	01:55	22.77%		
6/21/2013	2	00:10:29	02:04	24.55%		
9/28/2012	5	00:09:57	01:32	18.22%		
DP Test (Goodrich)						
11/17/2015	4	00:04:24	00:36	15.79%		
9/22/2015	4	00:04:19	00:31	13.60%		
6/29/2015	2	00:04:32	00:44	19.30%		
11/20/2014	7	00:04:33	00:45	19.74%		
9/16/2014	9	00:04:47	00:59	25.88%		
8/19/2014	5	00:04:33	00:45	19.74%		
6/23/2014	4	00:04:32	00:44	19.30%		
Uphill Test						
11/17/2015	4	00:03:36	00:23	12.21%		
9/22/2015	2	00:03:32	00:19	10.13%		
6/29/2015	2	00:03:39	00:26	13.77%		
11/18/2014	2	00:03:38	00:25	13.25%		
9/16/2014	6	00:03:37	00:24	12.73%		
8/19/2014	2	00:03:27	00:14	7.53%		
6/23/2014	2	00:03:38	00:25	13.25%		
11/19/2013	5	00:03:44	00:31	16.36%		
9/24/2013	4	00:03:39	00:26	13.77%		
8/20/2013	4	00:03:54	00:41	21.56%		
9/25/2012	4	00:03:46	00:33	17.56%		

# Athlete Record

## Moosilauke

10/25/2015	1	00:38:00	01:43	4.75%
8/7/2015	3	00:41:36	05:19	14.66%
8/3/2014	1	00:37:57	01:40	4.59%
10/19/2013	2	00:38:21	02:04	5.70%
8/4/2013	3	00:39:40	03:23	9.32%
10/15/2012	2	00:40:25	04:08	11.39%

## CL Roll (Dogford)

10/2/2015	5	00:28:00	03:10	12.76%
7/20/2015	2	00:27:01	02:11	8.80%
10/3/2014	4	00:27:12	02:22	9.54%
7/11/2014	8	00:28:05	03:15	13.09%
10/11/2013	6	00:27:34	02:44	11.01%
7/12/2013	5	00:29:12	04:22	17.59%
10/26/2012	11	00:29:45	04:55	19.81%

## DP Roll (Dogford)

10/30/2015	4	00:28:33	01:07	4.07%
8/14/2015	6	00:29:26	02:00	7.29%

## FR Roll (Academy)

11/6/2015	3	00:23:21	00:52	3.85%
7/31/2015	2	00:24:15	01:46	7.86%
10/31/2014	2	00:24:21	01:52	8.30%

## Storrs

10/9/2015	2	00:19:12	00:52	4.73%
7/10/2015	3	00:19:27	01:07	6.09%
11/7/2014	3	00:19:51	01:31	8.27%
10/3/2014	4	00:19:56	01:36	8.73%
7/4/2014	1	00:20:33	02:13	12.09%
11/8/2013	5	00:19:40	01:20	7.27%
9/24/2012	5	00:20:57	02:37	14.27%

## Velvet Rocks

9/25/2015	2	00:06:45	00:00	0.10%
9/19/2014	2	00:07:02	00:17	4.22%

## DP Test (3)

11/18/2013	98	00:02:28	00:19	15.09%
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# Athlete Record

9/24/2013	85	00:02:26	00:17	13.53%
8/19/2013	110	00:02:30	00:21	16.64%
9/25/2012	182	00:02:48	00:40	31.10%
FR Roll (Dogford)				
7/25/2014	2	00:25:32	03:00	13.39%
10/25/2013	5	00:27:21	04:49	21.46%
7/26/2013	5	00:28:14	05:42	25.38%



# Athlete Record

## Goldberg, Zach

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	7	00:09:53	01:28	17.43%		
8/21/2015	6	00:09:51	01:26	17.03%		
6/26/2015	2	00:09:51	01:26	17.03%		
11/14/2014	5	00:10:13	01:48	21.39%		
9/26/2014	5	00:09:52	01:27	17.23%		
8/14/2014	6	00:10:04	01:39	19.60%		
6/20/2014	4	00:10:18	01:53	22.38%		
11/15/2013	7	00:09:48	01:23	16.44%		
9/20/2013	8	00:10:10	01:45	20.79%		
DP Test (Goodrich)						
9/22/2015	3	00:04:17	00:29	12.72%		
8/25/2015	2	00:04:06	00:18	7.89%		
6/29/2015	3	00:04:33	00:45	19.74%		
11/20/2014	4	00:04:26	00:38	16.67%		
9/16/2014	6	00:04:30	00:42	18.42%		
8/19/2014	2	00:04:19	00:31	13.60%		
6/23/2014	3	00:04:24	00:36	15.79%		
Uphill Test						
9/22/2015	6	00:03:55	00:42	22.08%		
8/25/2015	6	00:03:55	00:42	22.08%		
6/29/2015	3	00:04:00	00:47	24.68%		
11/18/2014	9	00:04:17	01:04	33.51%		
9/16/2014	8	00:03:49	00:36	18.96%		
8/19/2014	7	00:03:49	00:36	18.96%		
6/23/2014	5	00:04:03	00:50	26.23%		
11/19/2013	8	00:03:50	00:37	19.48%		
Moosilauke						
10/25/2015	11	00:44:40	08:23	23.14%		
8/7/2015	6	00:45:06	08:49	24.30%		
10/24/2014	6	00:45:18	09:01	24.88%		
8/3/2014	7	00:49:07	12:50	35.37%		
10/19/2013	13	00:48:38	12:21	34.04%		

# Athlete Record

## CL Roll (Dogford)

10/2/2015	3	00:27:44	02:54	11.69%
7/20/2015	3	00:27:13	02:23	9.60%
10/3/2014	12	00:29:07	04:17	17.26%
7/11/2014	6	00:27:43	02:53	11.62%
10/11/2013	10	00:30:00	05:10	20.81%

## DP Roll (Dogford)

10/30/2015	2	00:27:59	00:33	2.00%
8/14/2015	1	00:27:26	00:00	0.00%

## FR Roll (Academy)

11/6/2015	7	00:24:26	01:57	8.67%
7/31/2015	4	00:25:01	02:32	11.27%
10/31/2014	3	00:24:48	02:19	10.30%

## Storrs

10/9/2015	7	00:21:32	03:12	17.45%
7/10/2015	5	00:21:11	02:51	15.55%
11/7/2014	8	00:23:57	05:37	30.64%
7/4/2014	3	00:21:46	03:26	18.73%
11/8/2013	8	00:21:17	02:57	16.09%

## Velvet Rocks

9/25/2015	10	00:07:53	01:08	16.99%
9/19/2014	9	00:08:02	01:17	19.04%

## DP Test (3)

11/18/2013	59	00:02:21	00:12	9.64%
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## FR Roll (Dogford)

7/25/2014	6	00:30:34	08:02	35.74%
10/25/2013	9	00:27:49	05:17	23.53%

# Athlete Record

## Gordon, Koby

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	11	00:10:33	02:08	25.35%		
DP Test (Goodrich)						
9/22/2015	10	00:04:31	00:43	18.86%		
Uphill Test						
9/22/2015	9	00:04:08	00:55	28.83%		
Moosilauke						
10/25/2015	14	00:48:35	12:18	33.90%		
CL Roll (Dogford)						
10/2/2015	4	00:27:47	02:57	11.89%		
FR Roll (Academy)						
11/6/2015	13	00:28:13	05:44	25.50%		
Storrs						
10/9/2015	8	00:22:52	04:32	24.73%		
Velvet Rocks						
9/25/2015	12	00:08:14	01:29	22.20%		

# Athlete Record

## Ketterson, Jan

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
8/21/2015	2	00:09:14	00:49	9.70%		
11/14/2014	1	00:09:05	00:40	7.92%		
DP Test (Goodrich)						
8/25/2015	4	00:04:09	00:21	9.21%		
6/29/2015	8	00:05:33	01:45	46.05%		
11/20/2014	5	00:04:27	00:39	17.11%		
9/16/2014	5	00:04:27	00:39	17.11%		
Uphill Test						
11/17/2015	2	00:03:28	00:15	8.05%		
8/25/2015	1	00:03:31	00:18	9.61%		
6/29/2015	4	00:04:00	00:47	24.68%		
11/18/2014	1	00:03:26	00:13	7.01%		
9/16/2014	1	00:03:30	00:17	9.09%		
Moosilauke						
8/7/2015	4	00:43:37	07:20	20.23%		
CL Roll (Dogford)						
10/2/2015	7	00:28:15	03:25	13.77%		
7/20/2015	9	00:30:52	06:02	24.30%		
10/3/2014	3	00:27:07	02:17	9.20%		
DP Roll (Dogford)						
10/30/2015	9	00:29:27	02:01	7.35%		
8/14/2015	7	00:30:07	02:41	9.78%		
FR Roll (Academy)						
11/6/2015	12	00:26:27	03:58	17.64%		
7/31/2015	6	00:25:06	02:37	11.64%		
10/31/2014	1	00:22:58	00:29	2.15%		
Storrs						
7/10/2015	6	00:21:12	02:52	15.64%		
11/7/2014	1	00:18:40	00:20	1.82%		
10/3/2014	2	00:19:55	01:35	8.64%		

# Athlete Record

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# Athlete Record

## Mamrol, Peter

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
8/14/2014	5	00:09:53	01:28	17.43%		
6/20/2014	5	00:10:30	02:05	24.75%		
9/28/2012	9	00:10:13	01:48	21.41%		
12/2/2011	12	00:10:33	02:08	25.43%		
9/23/2011	9	00:10:30	02:05	24.79%		
DP Test (Goodrich)						
11/17/2015	1	00:04:09	00:21	9.21%		
9/22/2015	13	00:05:21	01:33	40.79%		
8/19/2014	8	00:05:14	01:26	37.72%		
6/23/2014	7	00:04:58	01:10	30.70%		
Uphill Test						
11/17/2015	10	00:03:51	00:38	20.00%		
8/25/2015	5	00:03:54	00:41	21.56%		
8/19/2014	4	00:03:42	00:29	15.32%		
6/23/2014	8	00:04:13	01:00	31.43%		
11/29/2011	10	00:04:01	00:49	25.56%		
9/27/2011	7	00:03:52	00:40	20.88%		
Moosilauke						
10/25/2015	5	00:40:52	04:35	12.65%		
CL Roll (Dogford)						
10/2/2015	11	00:29:00	04:10	16.79%		
7/11/2014	2	00:25:41	00:51	3.43%		
DP Roll (Dogford)						
10/30/2015	6	00:28:44	01:18	4.74%		
FR Roll (Academy)						
11/6/2015	2	00:23:08	00:39	2.89%		
Storrs						
7/4/2014	4	00:21:50	03:30	19.09%		
9/24/2012	11	00:22:53	04:33	24.82%		
11/19/2011	10	00:21:16	02:56	16.03%		

# Athlete Record

Velvet Rocks				
9/25/2015	6	00:07:37	00:52	12.97%
DP Test (3)				
9/25/2012	173	00:02:45	00:37	28.85%
11/28/2011	166	00:02:42	00:34	26.67%
FR Roll (Dogford)				
7/25/2014	3	00:27:13	04:41	20.86%
11/11/2011	8	00:28:58	06:26	28.64%

# Athlete Record

## McEwen, Gavin

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	6	00:09:51	01:26	17.03%		
DP Test (Goodrich)						
11/17/2015	6	00:04:33	00:45	19.74%		
9/22/2015	5	00:04:20	00:32	14.04%		
Uphill Test						
11/17/2015	11	00:03:53	00:40	21.04%		
9/22/2015	7	00:03:58	00:45	23.64%		
CL Roll (Dogford)						
10/2/2015	12	00:29:05	04:15	17.12%		
DP Roll (Dogford)						
10/30/2015	5	00:28:40	01:14	4.50%		
FR Roll (Academy)						
11/6/2015	8	00:24:37	02:08	9.49%		
Storrs						
10/9/2015	9	00:22:54	04:34	24.91%		
Velvet Rocks						
9/25/2015	5	00:07:36	00:51	12.67%		



# Athlete Record

## McEwen, Hamish

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	10	00:10:15	01:50	21.78%		
8/21/2015	8	00:10:17	01:52	22.18%		
6/26/2015	5	00:10:29	02:04	24.55%		
11/14/2014	7	00:10:33	02:08	25.35%		
9/26/2014	9	00:10:46	02:21	27.92%		
11/15/2013	10	00:10:24	01:59	23.56%		
9/20/2013	10	00:10:50	02:25	28.71%		
DP Test (Goodrich)						
9/22/2015	6	00:04:21	00:33	14.47%		
8/25/2015	3	00:04:06	00:18	7.89%		
6/29/2015	1	00:04:29	00:41	17.98%		
11/20/2014	3	00:04:26	00:38	16.67%		
9/16/2014	8	00:04:43	00:55	24.12%		
Uphill Test						
8/25/2015	9	00:04:14	01:01	31.95%		
6/29/2015	6	00:04:19	01:06	34.55%		
11/18/2014	8	00:04:07	00:54	28.31%		
9/16/2014	11	00:03:58	00:45	23.64%		
11/19/2013	12	00:04:11	00:58	30.39%		
9/24/2013	11	00:04:26	01:13	38.18%		
CL Roll (Dogford)						
7/20/2015	4	00:27:50	03:00	12.09%		
10/3/2014	11	00:28:23	03:33	14.30%		
DP Roll (Dogford)						
8/14/2015	2	00:27:51	00:25	1.52%		
FR Roll (Academy)						
7/31/2015	3	00:24:59	02:30	11.12%		
10/31/2014	5	00:25:10	02:41	11.93%		
Storrs						
7/10/2015	8	00:22:00	03:40	20.00%		

# Athlete Record

## Velvet Rocks

9/25/2015	9	00:07:53	01:08	16.92%
9/19/2014	8	00:08:00	01:15	18.55%

## DP Test (3)

11/18/2013	97	00:02:28	00:19	15.09%
9/24/2013	162	00:02:41	00:32	25.19%

## FR Roll (Dogford)

10/25/2013	10	00:29:13	06:41	29.75%
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# Athlete Record

## Merrens, Sam

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
8/21/2015	10	00:10:48	02:23	28.32%		
6/26/2015	6	00:10:48	02:23	28.32%		
11/14/2014	8	00:10:36	02:11	25.94%		
9/26/2014	8	00:10:35	02:10	25.74%		
8/14/2014	8	00:10:22	01:57	23.17%		
6/20/2014	8	00:11:19	02:54	34.46%		
11/15/2013	9	00:10:15	01:50	21.78%		
9/20/2013	11	00:10:58	02:33	30.30%		
8/16/2013	5	00:10:25	02:00	23.76%		
DP Test (Goodrich)						
11/17/2015	11	00:05:29	01:41	44.30%		
8/25/2015	8	00:04:41	00:53	23.25%		
6/29/2015	6	00:05:05	01:17	33.77%		
11/20/2014	11	00:04:56	01:08	29.82%		
9/16/2014	11	00:05:04	01:16	33.33%		
8/19/2014	6	00:04:40	00:52	22.81%		
6/23/2014	8	00:05:01	01:13	32.02%		
Uphill Test						
11/17/2015	12	00:03:56	00:43	22.60%		
8/25/2015	7	00:04:12	00:59	30.91%		
6/29/2015	5	00:04:10	00:57	29.87%		
11/18/2014	6	00:03:55	00:42	22.08%		
9/16/2014	9	00:03:51	00:38	20.00%		
8/19/2014	6	00:03:45	00:32	16.88%		
6/23/2014	7	00:04:12	00:59	30.91%		
11/19/2013	10	00:03:55	00:42	22.08%		
9/24/2013	8	00:04:02	00:49	25.71%		
Moosilauke						
10/24/2014	4	00:43:06	06:49	18.82%		
8/3/2014	4	00:43:37	07:20	20.21%		
10/19/2013	9	00:42:18	06:01	16.58%		

# Athlete Record

## CL Roll (Dogford)

7/20/2015	7	00:29:33	04:43	19.00%
10/3/2014	10	00:28:19	03:29	14.03%
7/11/2014	7	00:27:59	03:09	12.69%
10/11/2013	9	00:28:23	03:33	14.30%
7/12/2013	6	00:31:47	06:57	28.00%

## FR Roll (Academy)

10/31/2014	6	00:26:53	04:24	19.57%
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## Storrs

7/10/2015	9	00:23:11	04:51	26.45%
11/7/2014	5	00:21:15	02:55	15.91%
10/3/2014	8	00:22:35	04:15	23.18%
11/8/2013	9	00:21:56	03:36	19.64%

## Velvet Rocks

9/19/2014	10	00:08:06	01:21	20.03%
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## DP Test (3)

9/24/2013	167	00:02:43	00:34	26.75%
8/19/2013	139	00:02:35	00:26	20.53%

## FR Roll (Dogford)

7/25/2014	5	00:28:20	05:48	25.82%
10/25/2013	13	00:33:19	10:47	47.95%
7/26/2013	9	00:31:08	08:36	38.26%

# Athlete Record

## Nadler, Andrew

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	2	00:09:24	00:59	11.68%		
8/21/2015	4	00:09:27	01:02	12.28%		
6/26/2015	1	00:09:47	01:22	16.24%		
11/14/2014	4	00:10:00	01:35	18.81%		
9/26/2014	3	00:09:33	01:08	13.47%		
8/14/2014	4	00:09:43	01:18	15.45%		
6/20/2014	3	00:10:07	01:42	20.20%		
11/15/2013	5	00:09:33	01:08	13.47%		
9/20/2013	5	00:09:31	01:06	13.07%		
DP Test (Goodrich)						
11/17/2015	5	00:04:32	00:44	19.30%		
9/22/2015	7	00:04:24	00:36	15.79%		
8/25/2015	6	00:04:25	00:37	16.23%		
6/29/2015	5	00:05:00	01:12	31.58%		
11/20/2014	8	00:04:34	00:46	20.18%		
9/16/2014	4	00:04:24	00:36	15.79%		
8/19/2014	3	00:04:20	00:32	14.04%		
6/23/2014	5	00:04:41	00:53	23.25%		
Uphill Test						
11/17/2015	9	00:03:48	00:35	18.44%		
9/22/2015	5	00:03:49	00:36	18.96%		
8/25/2015	4	00:03:54	00:41	21.56%		
11/18/2014	4	00:03:47	00:34	17.92%		
9/16/2014	4	00:03:36	00:23	12.21%		
8/19/2014	5	00:03:43	00:30	15.84%		
6/23/2014	4	00:03:56	00:43	22.60%		
11/19/2013	6	00:03:45	00:32	16.88%		
9/24/2013	6	00:03:52	00:39	20.52%		
Moosilauke						
10/25/2015	10	00:44:22	08:05	22.31%		
8/7/2015	5	00:44:19	08:02	22.16%		
10/24/2014	5	00:43:27	07:10	19.77%		

# Athlete Record

10/19/2013	10	00:44:22	08:05	22.28%
CL Roll (Dogford)				
10/2/2015	6	00:28:05	03:15	13.09%
7/20/2015	6	00:28:28	03:38	14.64%
10/3/2014	2	00:26:05	01:15	5.04%
7/11/2014	5	00:27:09	02:19	9.34%
10/11/2013	8	00:28:06	03:16	13.16%
DP Roll (Dogford)				
10/30/2015	8	00:29:25	01:59	7.23%
8/14/2015	5	00:28:24	00:58	3.52%
FR Roll (Academy)				
11/6/2015	4	00:23:33	01:04	4.74%
7/31/2015	8	00:25:52	03:23	15.05%
10/31/2014	4	00:24:53	02:24	10.67%
Storrs				
10/9/2015	5	00:19:38	01:18	7.09%
7/10/2015	4	00:20:46	02:26	13.27%
11/7/2014	4	00:20:02	01:42	9.27%
7/4/2014	2	00:21:36	03:16	17.82%
11/8/2013	6	00:19:44	01:24	7.64%
Velvet Rocks				
9/25/2015	8	00:07:38	00:53	13.31%
9/19/2014	5	00:07:33	00:48	11.88%
DP Test (3)				
11/18/2013	103	00:02:29	00:20	15.86%
9/24/2013	116	00:02:31	00:22	17.42%
FR Roll (Dogford)				
7/25/2014	4	00:27:24	04:52	21.68%
10/25/2013	8	00:27:40	05:08	22.86%

# Athlete Record

## Rabon, Thomas

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	12	00:10:41	02:16	26.93%		
6/20/2014	7	00:11:10	02:45	32.67%		
9/20/2013	12	00:11:07	02:42	32.08%		
6/21/2013	4	00:10:59	02:34	30.50%		
11/14/2012	7	00:10:28	02:03	24.36%		
DP Test (Goodrich)						
11/17/2015	7	00:04:35	00:47	20.61%		
11/20/2014	1	00:04:19	00:31	13.60%		
9/16/2014	10	00:04:58	01:10	30.70%		
8/19/2014	7	00:04:44	00:56	24.56%		
6/23/2014	6	00:04:44	00:56	24.56%		
Uphill Test						
9/16/2014	10	00:03:52	00:39	20.52%		
6/23/2014	6	00:04:08	00:55	28.83%		
11/19/2013	7	00:03:50	00:37	19.48%		
6/25/2013	2	00:03:58	00:45	23.64%		
11/13/2012	4	00:03:43	00:30	15.84%		
9/25/2012	3	00:03:40	00:28	14.75%		
Moosilauke						
10/25/2015	9	00:43:47	07:30	20.67%		
8/3/2014	6	00:45:09	08:52	24.44%		
8/4/2013	9	00:47:15	10:58	30.23%		
CL Roll (Dogford)						
10/2/2015	2	00:27:42	02:52	11.55%		
10/3/2014	6	00:27:15	02:25	9.74%		
7/11/2014	4	00:26:36	01:46	7.12%		
10/11/2013	2	00:26:35	01:45	7.05%		
10/26/2012	4	00:26:13	01:23	5.58%		
FR Roll (Academy)						
11/6/2015	10	00:24:44	02:15	10.01%		

# Athlete Record

## Storrs

7/5/2013	6	00:26:10	07:50	42.73%
9/24/2012	7	00:21:17	02:57	16.09%

## Velvet Rocks

9/19/2014	7	00:07:56	01:11	17.56%
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## DP Test (3)

11/18/2013	91	00:02:27	00:18	14.31%
6/25/2013	172	00:02:45	00:36	28.30%
11/13/2012	157	00:02:40	00:31	24.42%
9/25/2012	164	00:02:42	00:33	26.28%



# Athlete Record

## Stocek, Fabian

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	1	00:09:19	00:54	10.69%		
8/21/2015	3	00:09:22	00:57	11.29%		
9/26/2014	1	00:09:11	00:46	9.11%		
8/14/2014	2	00:09:16	00:51	10.20%		
6/20/2014	1	00:09:25	01:00	11.88%		
11/15/2013	6	00:09:34	01:09	13.66%		
9/20/2013	1	00:09:15	00:50	9.90%		
DP Test (Goodrich)						
11/17/2015	3	00:04:23	00:35	15.35%		
9/22/2015	2	00:04:09	00:21	9.21%		
8/25/2015	1	00:03:48	00:00	0.00%		
9/16/2014	1	00:03:56	00:08	3.51%		
8/19/2014	1	00:04:04	00:16	7.02%		
6/23/2014	1	00:04:02	00:14	6.14%		
Uphill Test						
11/17/2015	5	00:03:37	00:24	12.73%		
9/22/2015	3	00:03:34	00:21	11.17%		
8/25/2015	3	00:03:34	00:21	11.17%		
9/16/2014	7	00:03:42	00:29	15.32%		
8/19/2014	1	00:03:27	00:14	7.53%		
6/23/2014	1	00:03:32	00:19	10.13%		
11/19/2013	2	00:03:31	00:18	9.61%		
9/24/2013	2	00:03:32	00:19	10.13%		
Moosilauke						
10/25/2015	4	00:40:46	04:29	12.38%		
8/7/2015	2	00:38:45	02:28	6.81%		
10/24/2014	1	00:38:19	02:02	5.64%		
8/3/2014	3	00:39:21	03:04	8.45%		
10/19/2013	8	00:42:05	05:48	15.99%		
CL Roll (Dogford)						
10/2/2015	1	00:25:29	00:39	2.62%		

# Athlete Record

7/20/2015	1	00:25:56	01:06	4.44%
10/3/2014	1	00:26:02	01:12	4.84%
7/11/2014	1	00:25:33	00:43	2.89%
DP Roll (Dogford)				
10/30/2015	1	00:27:34	00:08	0.49%
8/14/2015	4	00:28:18	00:52	3.16%
FR Roll (Academy)				
11/6/2015	1	00:22:29	00:00	0.00%
7/31/2015	1	00:22:58	00:29	2.15%
Storrs				
10/9/2015	4	00:19:16	00:56	5.09%
7/10/2015	2	00:19:14	00:54	4.91%
11/7/2014	2	00:19:24	01:04	5.82%
10/3/2014	1	00:19:11	00:51	4.64%
Velvet Rocks				
9/25/2015	1	00:06:44	00:00	0.00%
9/19/2014	3	00:07:05	00:20	4.96%
DP Test (3)				
11/18/2013	45	00:02:19	00:10	8.09%
9/24/2013	44	00:02:19	00:10	8.09%
FR Roll (Dogford)				
7/25/2014	1	00:25:31	02:59	13.32%

# Athlete Record

## Takaji-Atilano, Paulo

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
9/18/2015	8	00:10:00	01:35	18.81%		
DP Test (Goodrich)						
11/17/2015	8	00:04:40	00:52	22.81%		
9/22/2015	8	00:04:26	00:38	16.67%		
Uphill Test						
11/17/2015	3	00:03:34	00:21	11.17%		
9/22/2015	4	00:03:44	00:31	16.36%		
Moosilauke						
10/25/2015	7	00:42:08	05:51	16.13%		
CL Roll (Dogford)						
10/2/2015	14	00:29:54	05:04	20.41%		
FR Roll (Academy)						
11/6/2015	5	00:24:20	01:51	8.23%		
Storrs						
10/9/2015	6	00:20:12	01:52	10.18%		
Velvet Rocks						
9/25/2015	4	00:07:09	00:25	6.17%		

# Athlete Record

## Talbot, Silas

<i>Event/Date</i>	<i>Rnk</i>	<i>Time</i>	<i>TOut</i>	<i>%Out</i>	<i>HRMax</i>	<i>HRAvg</i>
3000m Test						
8/21/2015	1	00:08:27	00:02	0.40%		
12/2/2011	2	00:08:48	00:23	4.69%		
DP Test (Goodrich)						
9/22/2015	11	00:04:34	00:46	20.18%		
8/25/2015	5	00:04:24	00:36	15.79%		
6/29/2015	7	00:05:17	01:29	39.04%		
Uphill Test						
11/17/2015	1	00:03:16	00:03	1.82%		
8/25/2015	2	00:03:33	00:20	10.65%		
6/29/2015	1	00:03:37	00:24	12.73%		
11/13/2012	1	00:03:35	00:22	11.69%		
Moosilauke						
10/25/2015	3	00:38:19	02:02	5.63%		
8/7/2015	1	00:37:20	01:03	2.91%		
CL Roll (Dogford)						
10/2/2015	13	00:29:48	04:58	20.01%		
7/20/2015	8	00:30:40	05:50	23.50%		
DP Roll (Dogford)						
10/30/2015	11	00:31:08	03:42	13.49%		
8/14/2015	8	00:30:47	03:21	12.21%		
FR Roll (Academy)						
11/6/2015	6	00:24:23	01:54	8.45%		
7/31/2015	7	00:25:28	02:59	13.27%		
Storrs						
10/9/2015	1	00:18:20	00:00	0.00%		
7/10/2015	1	00:18:28	00:08	0.73%		
11/27/2012	1	00:20:42	02:22	12.91%		
11/19/2011	1	00:18:34	00:14	1.28%		

# Athlete Record

## DP Test (3)

8/19/2013	123	00:02:32	00:23	18.20%
6/25/2013	222	00:03:02	00:53	41.52%
11/13/2012	195	00:02:52	00:43	33.75%
11/28/2011	200	00:02:52	00:44	34.29%

## FR Roll (Dogford)

11/11/2011	10	00:29:34	07:02	31.30%
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